Announcement

42nd SMA National Medical Convention **Come Grow Old with Me:** Successful and Active Ageing in the Community

Suntec Singapore International Convention and Exhibition Centre 20 August 2011

PROGRAMME
Public Symposium

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08:30	Registration
09:00	Welcome address by Chairman, Organising Committee - A/Prof Chin Jing Jih
09:05	Welcome address by President, Singapore Medical Association - Dr Chong Yeb Woei
09:10	Welcome address by Keynote Speaker Successful and Active Ageing - A/Prof Pang Weng Sun, Chairman Medical Board (Yishun Community Hospital) & Senior Consultant, Geriatric Medicine, KTPH
	Part 1
09:30	Managing multiple medications and health supplements safely and wisely - English session: Ms Tan Lay Kuean, Pharmacist, Ren Ci Hospital - Mandarin session: Ms Tan Keng Teng, Pharmacist, TTSH

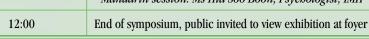
09:30	Managing multiple medications and health supplements safely and wisely - English session: Ms Tan Lay Kuean, Pharmacist, Ren Ci Hospital - Mandarin session: Ms Tan Keng Teng, Pharmacist, TTSH	
09:50	Food for life! Eating wisely and enjoyably into the golden years - English session: Ms Chiam Mary Ann, Senior Dietician, BVH - Mandarin session: Ms Ong Sik Yin, Dietician, CGH	
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10:10	Teabreak and exhibition at foyer	
	Part 2	
10:40	Handling aches and pain in the elderly - English session: Dr Lee Jer En, Consultant, Geriatric Medicine, KTPH - Mandarin session: Dr Tan Tee Yong, Consultant Pain Specialist, Integrative Pain Centre	N/G
11:00	Exercise in older persons – deriving benefits, avoiding injuries	

Exercise in older persons – deriving benefits, avoiding inju
- English session: Mr Lim Kong Beng, Senior Physiotherapist, SLH
- Mandarin session: Ms Limin, Principal Physiotherapist, KWSH

Part 3
Successful ageing – staying socially active through meaningful activities

- English session: Mr Lawrence Lim, Senior Medical Social Worker, 118H - Mandarin session: Ms Gob Su San, Medical Social Worker, Ren Ci Hospital
Memory, mood and sleep — cultivating good mental health in the golden years - English session: Ms Khoo Sue Ann, Senior Psychologist, KTPH - Mandarin session: Ms Hia Soo Boon, Psychologist, IMH





11:20

11:40









Lunch Symposium		
12:00	Registration	
12:30	Holistic and practical management of dementia in the ambulatory care setting - Dr Chan Kin Ming, Senior Consultant, Chan KM Geriatric & Medical Clinic - Dr Chong Mei Sian, Senior Consultant, Geriatric Medicine, TTSH	
13:30	End of symposium	
Proudly sponsored by: (Eisai) Lundbeck X NOVARTIS		

Medical Symposium		
13:30	Registration	
13:55	Welcome Address by Chairman, Organising Committee - A/Prof Chin Jing Jih	
14:00	Panel Discussion I: Common surgeries in the elderly (cataract, total knee replacement) - what to advise? - Dr Christopher Lien (Chair), Senior Consultant & Head, Community Geriatrics, CGH - Dr Yong Shao Onn, Consultant, Ophthalmology, TTSH - Dr Yeo Seng Jin, Senior Consultant & Director, Orthopaedic Surgery, SGH	
14:30	Talk by Singapore National Eye Centre (SNEC): Community Eye Clinic - Prof Donald Tan, Senior Consultant & Medical Director, SNEC	
14:45	Lecture II: Holistic management of anxiety, depression and chronic insomnia in older persons - Dr Calvin Fones, Consultant Psychiatrist, Fones Clinic	
15:10	Panel Discussion III: Health screening for the elderly and geriatric assessment in a GP clinic - what's useful, practical and important? - Dr Tham Weng Yew (Chair), Home Care Physician, CODE 4 Pte Ltd - Dr Reshma Aziz Merchant, Head & Senior Consultant, Division of General Medicine, NUH - Dr Vina Doshi, Consultant Geriatrician, Agewell Artsz Medical Group Pte Ltd	
15:40	Teabreak and exhibition at foyer	
16:10	Lecture IV: High blood pressure in the elderly: to treat or not to treat? - Dr Chee Tek Siong, Consultant Cardiologist, Chee Heart Specialists Clinic Pte Ltd	
16:35	Panel Discussion V: Safe and effective prescribing for the older patient with multiple comorbidities and medications - Dr Ee Chye Hua (Chair), Consultant Geriatrician, Elderly Care & Health (ECH) Consultancy - Dr Tang Eng Yeow, Senior Consultant & Director, Geriatric Medicine, KTPH - One more speaker to be confirmed	
17:05	Lecture VI: Practical tips in managing chronic constipation in geriatric patients - A/Prof Tang Choon Leong, Senior Consultant, Colorectal Surgery, SGH	
17:30	End of symposium	

Please turn over for registration details















REGISTRATION

Early Bird Special

forSMAMembers

Be the first 50 SMA members to sign

up and receive an exclusive SMA

medical penlight (worth \$28) for free!*

Event:

SMA 42nd National Medical Convention 2011 Come Grow Old with Me: Successful and Active Ageing in the Community

Date:

20 August 2011, Saturday

Venue:

Suntec Singapore International Convention and Exhibition Centre Level 3

CME Points:

Number of points to be confirmed

Registration fees per person:

(inclusive of refreshments and goodie bag)

- Public Symposium: Complimentary for SMA members
 \$10 (inclusive of GST) for non-members
- <u>Lunch Symposium + Medical Symposium:</u> Complimentary for SMA members \$30 (inclusive of GST) for non-members

*Limited seats available, kindly register early to secure a place

You can register by:

1. Logging on to http://www.sma.org.sg/convention

OR

2. Completing the form below and mailing/faxing to us

If you would like to register for SMA Membership, please go to http://www.sma.org.sg/membership/
*Collection of penlights will be done at the registration counter on the day of the event. Please note that only SMA members without arrears are eligible.

Please attach this slip when making payment. Kindly fax your credit card details/mail your cheque to **Ms Loy Mong Shi, Singapore Medical Association, 2 College Road, Alumni Medical Centre Level 2, Singapore 169850, fax: 62247827 and email: mongshi@sma.org.sg.** For non-SMA members, please note that registration is not confirmed until payment is received. A confirmation email will be issued to all applicants.

Name:	Handphone No.:	
Email:	Profession:	
Mailing address:		
Applicable to doctors only MCR No: SMA	Member: YES / NO (please circle accordingly)	
I will be attending (please tick accordingly):		
☐ Public Symposium		
☐ Lunch Symposium (for doctors and medical stude	nts only)	
☐ Medical Symposium (for doctors, medical students and healthcare professionals)		
Mode of payment (for non-members only):		
☐ Credit Card		
VISA/ Master Card No.:		
Expiry Date: /	CVV2/CVC2 No.:	
☐ Cheque (payable to Singapore Medical Association	n)	
Bank:	Cheque No:	