## FROM THE HEART

## Touch Lives, Lift Spirits By YMCA of Singapore

## -Volunteer with YMCA of Singapore



stablished in 1902, the YMCA of Singapore is a Christian voluntary welfare organisation (VWO), affiliated worldwide, which seeks to serve and enrich all members of the community, regardless of race, language or religion, through wholesome programmes to develop Body, Mind and Spirit, which are based on Christian principles.

As a youth organisation dedicated to serving the community, the three pillars of the YMCA of Singapore's work are namely service to community, youth development and volunteer development.

Therefore, YMCA is currently looking for volunteers to serve as befrienders in any of the 19 YMCA Community Service Programmes, to bring cheer to the intellectually challenged, mentally challenged, physically challenged, out of school youths and youths-at-risk, underprivileged and abused children, the hearing and visually impaired as well as the elderly and the poor.

Volunteers can choose to serve in the following 19 YMCA Community Service Programmes and meeting beneficiaries from YMCA's 35 partnering VWOs:

- YMCA-Central Singapore CDC SpringClean Programme
- Y Arts Challenge
  - Y D-Gen
  - Y GUITAR
  - Y Chorus Y STARS
- Y Camp Challenge
- Y Care to Dance
- Y Chorus
  - Y Confidence
- Y Dance Outreach
- YMCA Food of Love
- Y Green Fingers

- Y Makan Fellowship
- YMCA Proms @ the Park
- Y Movie Treats
- Y Nature Walks
- Y Opera Treats
- Y Outings
- Y Photo Club
- Y Reading Clubs
- Y Sports
- Y Visits



To register as a YMCA volunteer or find out more about these programmes, visit http://vms.ymca.org.sg/vms/. For enquiries, please email volunteer@ymca.org.sg or telephone 6586 2352 (Li Yi). SMA

## **Contact us**

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