



ASSISI HOSPICE  
雅西西慈怀病院

**Assisi Hospice**  
Assisi Hospice is an outreach service of Mount Alvernia Hospital.

**Volunteers form the Hospice Care Group of the Singapore Cancer Society**



**SINGAPORE CANCER SOCIETY**

**Overseas palliative care training**

The first doctor in Singapore, Dr Cynthia Goh, goes to St Christopher's Hospice in London to undergo training.



**Hospice Care Association established**

The first hospice organisation was formed to provide solely homecare. HCA aims to provide pain and symptom relief as well as emotional and spiritual support for patients and their families. The association looks after more than 3,200 patients at home annually and the HCA Day Care Centre sees more than 700 patients who make more than 5,000 visits to the centre each year.

# Palliative Medicine & Hospice Care – a timeline

Palliative medicine is the discipline that works to improve the quality of life of patients and their families facing the problems associated with life-threatening illness. Palliative care is often given together with therapies that control or slow down disease progression. A holistic approach is taken. Besides symptom control, attention and care are provided for the social, spiritual and emotional needs of the patient and care givers.

1970

1980

1990

1967

**The modern hospice movement is founded**

Dame Cicely Saunders founded the modern hospice movement when she set up the first modern hospice, St Christopher's Hospice, in London.



**St Joseph's Home, Jurong**

Dr Ee Peng Liang was instrumental in starting the hospice to care for patients with illnesses. In 1993, St Joseph's Home moved to its present premises in Jurong.



1985



**Ground breaking of Dover Park Hospice, 5 June 1993**

Dover Park Hospice was originally supposed to be located in the Dover area, but is now situated in Novena. This came about when staff and students of Singapore Polytechnic appealed against the proposed location, highlighting prevailing attitudes of the day.

1993

1994

1995

**Singapore Hospice Council is registered**

SHC serves as an umbrella body incorporating all voluntary organisations that provide hospice and palliative care.



**Chinese New Year celebration**

2000



**Hospice Awareness Week**



Thanks for the Memory Dinner, 12 October 2005

2007

**Palliative medicine as a subspecialty**

Palliative medicine is recognised in Singapore as a medical subspecialty in line with UK and Australia.

1996

**2nd International Asia Pacific Hospice Conference**

Held in Singapore, the conference was attended by Dame Cicely Saunders and 550 participants from various countries.

2005

2000

2010

1997

**Postgraduate Course in palliative medicine**

SHC's Education Committee, in association with the Singapore Medical Association, has been organising a 3-day postgraduate course in palliative medicine every 6 months. The course is open to medical officers in government service and other doctors interested in gaining a basic understanding of palliative medicine.

2002

**Palliative care is incorporated into the NUS undergraduate medical curriculum**

All medical students at the NUS medical schools participate in a palliative care programme run by the SHC Doctors' Education Sub-committee with the NUS COFM. The programme includes lectures, small group workshops, tutorials and so on.

**First Voices for Hospices Concert**

Singapore joins the UK and Malta in presenting the first Voices for Hospices Concert to raise public awareness for hospice and palliative care, and also raise vital funds to promote the services of the Singapore Hospice Council.

**Lien Centre for Palliative Care opens**

The first palliative care research and training centre in Asia opens, and focuses on the social, psychological and cultural issues that affect how Singaporeans are caring for those who are dying. Through research, the centre aims to raise awareness of the cultural differences in attitudes and beliefs towards those who are dying.



2008